



THE HURT ARMS

Sunday Menu

SUNDAY SOCIAL

SMALL PLATES MADE FOR SHARING, SNACKING & SETTLING IN



LAMB KOFTAS, MINT YOGURT • 8.00 & FLAT BREAD

char-grilled spiced lamb served with cooling mint yogurt and warm flat bread • GFO



BUTTERMILK CHICKEN TENDERS • 7.50

spicy mayo, house slaw



CRISPY CAULIFLOWER BELLY BITES • 6.50

chilli maple glaze, sesame • GF + VE



SMOKED HADDOCK FISHCAKE • 8.00

lemon yogurt, dressed leaves



HALLOUMI FRIES • 7.00

hot honey drizzle • V



PADRON PEPPERS • 6.00

smoked paprika salt, garlic aioli • GF + VEO



SOUP OF THE DAY • 6.00

warm mini loaf & butter • GFO + VE



CRISPY PORK BELLY BITES • 8.00

honey soy glaze, sesame seeds, spring onion • GF



28 DAY AGED TOPSIDE OF BEEF • 18.00

served pink accompanied with horseradish cream • GFO



SLOW-ROASTED PORK BELLY • 18.00

accompanied with crisp crackling and apple sauce • GFO



HERB ROASTED CHICKEN • 17.00

succulent chicken supreme roasted in thyme butter • GFO



ROAST LAMB SHOULDER • 18.00

slow cooked accompanied with mint sauce • GFO



NUT ROAST | VEG ROAST • 15.00

accompanied vegetarian gravy • VE

THE HURT ARMS ROASTS

SUNDAYS ARE SACRED

ALL SERVED WITH THE FULL SUNDAY SPREAD

CRISPY ROAST POTATOES • BUTTERY MASH POTATO •
SAGE + ONION STUFFING • SEASONAL VEGETABLES • CAULIFLOWER
CHEESE • GIANT YORKSHIRE PUDDING • RICH GRAVY

SUNDAY SHARING



THE FULL ROAST BOARD • 42.00

a generous spread of beef, pork and chicken with the trimmings, extra Yorkshires, roast potatoes, mash, stuffing and gravy



THE LAZY SUNDAY BOARD • 32.00

pork belly bites, buttermilk chicken, crispy cauliflower, halloumi fries, mini roast potatoes & gravy mayo, stuffing bon bons & cranberry dip, flat bread a& house dips

SUNDAY SARNIES



BEEF DIP COB • 9.00

sliced 28 day aged topside of beef, caramelised onions, melted cheese served with gravy for dipping and roast potatoes • GFO



PORK & APPLE COB • 8.00

sliced roast pork, crisp crackling, apple sauce sage & onion stuffing served with gravy for dipping and roast potatoes • GFO

ALLERGEN & DIETARY INFORMATION

Please inform a member of our team of any allergies or dietary requirements before ordering. While we take every care in preparing your food, we cannot guarantee that dishes are free from allergens due to the risk of cross-contamination in our kitchen. Full allergen information is always available on request.

MAINS

PROPER PUB FOOD DONE RIGHT

- **BEER BATTERED FISH & CHIPS** • 16.50
crisp, golden batter, chunky chips, mushy peas and tartare sauce • **GF**
- **HURT ARMS SMASH BURGER** • 16.50
double beef, melted cheddar, caramelised onions, house burger sauce, fries and slaw, toasted seeded brioche bun • **GFO**
- **DERBYSHIRE STEAK & ALE PIE** • 17.00
served with chips or mash and seasonal vegetables
- **SAAG ALOO PIE** • 15.00
spiced spinach & potato filling with cumin, garlic & garam masala, salad, chips or parmesan & truffle fries • **VO**
- **BUTTERNUT SQUASH, SPINACH & CHICKPEA CURRY** • 14.50
coconut-based sauce, rice & flat bread • **GFO** + **VEO**
- **CAJUN CHICKEN & RICE BOWL** • 16.00
spiced rice, roasted vegetables and lime yogurt • **GF**
- **STEAK HOUSE SALAD** • 16.50
sliced rump steak, mixed leaves, roasted vine tomatoes, red onion, blue cheese, crispy onions & balsamic glaze • **GF**
- **HOT HONEY HALLOUMI SALAD** • 15.00
crispy fried halloumi, mixed leaves, cherry tomatoes, cucumber ribbons, pickled red onion & hot honey drizzle • **GF**

WITH YOUR PINT

LITTLE PLATES...BIG FLAVOURS

- **ROAST POTATO BITES & GRAVY MAYO** • 4.50
crispy roasties with rich gravy dip • **GF** + **V**
- **STUFFING BON BONS & CRANBERRY** • 4.00
golden fried stuffing with sweet cranberry dip • **VE**
- **HONEY & CHILLI SAUSAGE BITES** • 6.50
sticky, sweet & spicy
- **BUTTERMILK CHICKEN & RANCH** • 7.50
crispy chicken with cool dip
- **LOADED FRIES**• 7.00
bacon, cheese & gravy • **GF**

ULTIMATE COMFORT IN A DISH
- **HALLOUMI FRIES & HOT HONEY** • 6.50
crispy, salty & sweet • **V**
- **PADRON PEPPERS** • 6.00
smoked salt & garlic aioli • **GF** + **V**
- **CHEESY DOUGH BALLS** • 6.50
soft, warm, pull-apart • **V**
- **BREAD & DIPS BOARD** • 7.00
warm breads, oils & aioli • **V**

SIDES

THE PERFECT SIDEKICK

- **PARMESAN & TRUFFLE FRIES** • 5.00
skinny fries tossed with parmesan & truffle oil • **GF** + **V**
- **BEER-BATTERED ONION RINGS**• 4.50
crispy onion rings with garlic aioli • **GF** + **VE**
- **MIXED LEAF SIDE SALAD** • 4.00
cherry tomatoes, cucumber & balsamic • **GF** + **VE**
- **MAC & CHEESE SIDE** • 4.50
small portion of smoked cheddar mac • **V**

- **CHUNKY CHIPS** • 4.50
skinny fries tossed with parmesan & truffle oil • **GF** + **VE**
- **ROASTED TENDERSTEM BROCCOLI** • 4.50
with garlic, chilli & olive oil • **GF** + **V**
- **HOUSE SLAW** • 4.00
creamy cabbage and carrot slaw • **GF** + **V**
- **GARLIC FLAT BREAD** • 4.50
stone-baked flat bread with garlic butter • **V**

DESSERTS

SWEET FINISHES WORTH SAVING ROOM FOR..FULL OF NOSTALGIA

- **CARAMEL APPLE CRUMBLE** • 8.00
with warm custard & fruit compote • **V**
- **CHOCOLATE BRONUT**• 8.00
with white chocolate & popcorn ice cream • **V**
- **BAKEWELL TART** • 8.00
with blackcurrant & clotted cream ice cream and raspberry compote • **V**
- **STICKY TOFFEE PUDDING**• 8.00
warm sponge pudding with vanilla ice cream & warm toffee sauce • **GF** + **VE**
- **CHOCOLATE & CARAMEL SLAB** • 8.00
sponge, chocolate fudge, caramel icing, salted caramel ice cream, toffee sauce • **V**
- **WHITE CHOCOLATE &** • 8.00
RASPBERRY PANNA COTTA
with shortbread crumble, raspberry drizzle • **V**

HURT ARM SUNDAES

- LEMON DRIZZLE CAKE** • 8.00
lemon gelato, chunks of lemon drizzle cake, syrup, whipped cream, candied lemon peel • **V**
- SALTED CARAMEL BROWNIE**• 8.00
caramel brownie, Madagascan bourbon vanilla ice cream, chocolate & caramel sauce • **GF** + **VE**

DAIRY FREE